

# Functional Greens

## Kale

### Supports Digestive & Gut Health

A fiber-rich green with 1.5 grams of fiber per cup, helping promote fullness and a healthy gut microbiome.

## Spinach

### Delivers Concentrated Nutrient Power

One 3 oz serving provides 160% DV of Vitamin A, 40% DV of Vitamin C, and 15% of daily iron for just 20 calories.

## Arugula

### Supports Natural Detoxification

Packed with antioxidants and phytonutrients that help promote kidney function and the body's natural cleansing process.

## Spring Mix

### Balances Nutrition Effortlessly

A blend of radicchio, arugula, and red leaf lettuce delivers fiber, vitamins A & C, and just 20 calories per serving.



# Foodservice Pack Sizes



Our functional greens foodservice pack sizes are available year-round, delivering consistent quality, versatility, and nutrient-dense value in every pack.



## Romaine

NID	GTIN	Pack Size	Carton Dimension	TiHi	Cases per Pallet	Case/ Cube	Shelf Life
110378	100-30223-09263-3	6/2 lb.	13.25 x 11.938 x 11.188	12x8	96	1.024	16 Days



## Spinach

NID	GTIN	Pack Size	Carton Dimension	TiHi	Cases per Pallet	Case/ Cube	Shelf Life
128807	100-30223-00686-9	2/2 lb.	19.875 x 11.75 x 5.25	8x17	136	0.7095	No BIUB
128803	100-30223-09628-0	4/2.5 lb.	19.875 x 11.75 x 10.875	10x7	64	1.4697	No BIUB



## Arugula

NID	GTIN	Pack Size	Carton Dimension	TiHi	Cases per Pallet	Case/ Cube	Shelf Life
122613	100-30223-00681-4	2/2 lb.	19.875 x 11.75 x 5.25	8x17	136	0.7095	16 Days



## Spring Mix

NID	GTIN	Pack Size	Carton Dimension	TiHi	Cases per Pallet	Case/ Cube	Shelf Life
117029	100-30223-09624-2	3 lb.	15.75 x 11.75 x 5.125	10x17	170	0.5489	No BIUB
128801	100-30223-00679-1	2/1.5 lb.	15.75 x 11.75 x 5.125	10x17	170	0.5489	No BIUB
117027	100-30223-09625-9	4/3 lb.	15.75 x 11.875 x 13.25	10x17	50	1.4341	No BIUB
129476	100-30223-02057-5	5/3 lb.	19.875 x 13.25 x 16	7x6	42	2.4384	16 Days



## Heritage Blend

NID	GTIN	Pack Size	Carton Dimension	TiHi	Cases per Pallet	Case/ Cube	Shelf Life
128984	100-30223-00682-1	3/1 lb.	15.75 x 11.75 x 5.125	10x17	170	0.5489	No BIUB
116455	100-30223-04346-8	4/3 lb.	23.875 x 15.875 x 9	5x10	50	1.974	No BIUB



## Baby Kale

NID	GTIN	Pack Size	Carton Dimension	TiHi	Cases per Pallet	Case/ Cube	Shelf Life
128814	100-30223-04244-7	2/1.5 lb.	19.875 x 11.75 x 5.25	8x17	136	0.7095	16 Days



## Green Kale

NID	Product Type	GTIN	Pack Size	Carton Dimension	TiHi	Cases per Pallet	Case/ Cube	Shelf Life
129882	Kale Chop 1x1	100-30223-03922-5	4/1 lb.	15.75 x 11.75 x 9.375	10x9	90	1.004	16 Days
117119	Cello Kale	100-74865-22341-3	4/2.5 lb.	19.875 x 13.25 x 12.75	7x7	49	1.9431	16 Days
117123	1/8" Shred Sep CLR	100-30223-00037-9	4/1.5 lb.	15.75 x 11.75 x 10.625	10x8	80	1.1379	16 Days
121235	TF Green Kale Shred 1/8"	100-30223-04350-5	4/1 lb.	15.75 x 11.75 x 10.625	10x8	80	1.1379	16 Days



## Cilantro

NID	Product Type	GTIN	Pack Size	Carton Dimension	TiHi	Cases per Pallet	Case/ Cube	Shelf Life
100368	Specialty	100-30223-00695-1	4/1 lb.	15.75 x 11.75 x 9.5	10x9	90	1.0174	16 Days
112643	TF Cilantro	100-30223-04210-2	2/1 lb.	12.375 x 10.625 x 6.875	12x12	144	0.5231	16 Days

