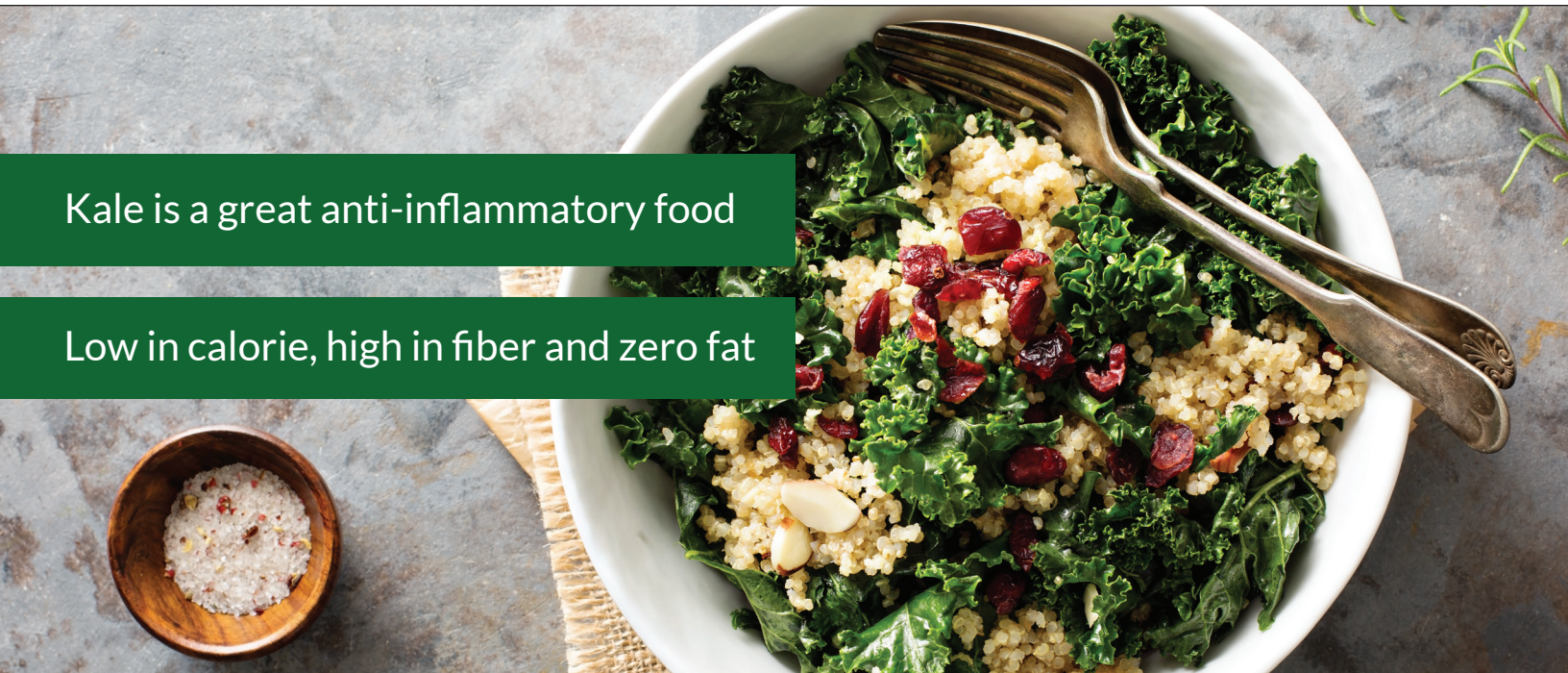




# KALE

Kale is a great anti-inflammatory food

Low in calorie, high in fiber and zero fat



ITEM	PORTIONS/CASE	SIZE	SHELF LIFE	TI/HI
Baby Kale Blend	32 (1.5 oz. Portions)	2/1.5#	16 Days	7/17
Baby Kale and Radicchio	64 (1 oz. Portions)	4/1#	16 Days	10/9
Green Kale	80 (2 oz. Portions)	4/2.5#	16 Days	7/7
1/8" Shred Green Kale Sep Bag	48 (2 oz. Portions)	4/1.5#	16 Days	10/18
1/8" Shred Green Kale	32 (2 oz. Portions)	4/1#	16 Days	10/9
1 x 1 Chopped Green Kale	33 (2 oz. Portions)	4/1#	16 Days	10/9
Flowering Kale	40 (2 oz. Portions)	2/2.5#	16 Days	10/8

One cup of kale has only 36 calories, 5 grams of fiber and 0 grams of fat. It is a nutritional powerhouse filled with vitamins, folate and magnesium that's perfect for any entrée.

Taylor Farms is proud to be a part of building healthier lives by making your favorite salads and fresh vegetables. We deliver an unmatched commitment to quality, freshness, and food safety. The perfect ingredients for success, harvested before dawn and packed within hours to maximize freshness.

- Minimal prep time to increase efficiency in your kitchen
- 100% usable, zero waste!
- Stable price with consistent food cost
- Triple washed, ready-to-eat
- All natural, no additives or preservatives



[taylorfarmsfoodservice.com](http://taylorfarmsfoodservice.com)  
800.731.7388