



# CAULIFLOWER PEARLS

Mash it. Rice it. Steam it. Bake it.

Cauliflower is the latest “it” vegetable. It is nutritious, low in carbs, naturally gluten free and an extremely versatile ingredient.



ITEM	PORTIONS/CASE	SIZE	SHELF LIFE	TI/HI
Cauliflower Pearls	96 (2oz Portions)	6/2#	16 Days	10/13

**Cauliflower's popularity is on the rise!**

Among US grocery retailers, cauliflower sales are up 47% v. YAG\*

**64% of consumers want to eat healthier:**

Nutrient-packed, cauliflower is a good source of Folate, Vitamins K and C

**Cauliflower, the perfect ingredient swap!**

Easily substitute cauliflower for high calorie, high carbohydrate favorites like pizza crust, tortillas, pasta, potatoes, & rice.



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